

# BELLA VITA BEAT AUGUST 2019



**OUR SATURDAY  
COLORING  
GROUP**



## NEED A LIFT ASSIST?

For anyone who falls and cannot get up; you can call the fire department at 911 and tell them you need a non urgent lift assist to be picked back up. There will be no charge!! They will ask if you are injured and if you aren't, they will still come quickly to pick you up.

## NEED A HELPING HAND?

On weekends and evenings, when staff is unavailable, you may call one of the following volunteers who will gladly give you a helping hand.



Lee Gallery (661) 910-1025  
Jolene Clark (720) 436-5347  
Shirley Clark (720) 610-2915  
Joy Moore (303) 809-1706  
Dave Bishop (720) 469-8524  
Nadine Hyde (303) 771-6937

## Walmart and Dollar Tree trips

Walmart trips are always the first Friday of the month. Bella Vita pays the transportation cost, so it is free to us! Come join us! Our Dollar Tree trip is always the last Thursday of the month.

## BOOK CLUB

"The Milagro Beanfield War" is considered a classic for humor and human drama. Joe Mondragon lives in Milagro (miracle) N.M. with a cast of quirky locals whose families have farmed the land for generations. Survival depends on water and the locals' water rights have been hijacked by large landowners. Joe "appropriates" water from the system and his beanfield is like a miracle to the locals. The Man is determined to put a stop to Joe's persistent violations. Then a miracle of a different sort happens. Small-town N.M. folks at their grittiest comic charm.

\*\*\*Because copies of this book are difficult to find, we will obtain a few from regional libraries for your use.

BOOK DISCUSSION WILL BE SATURDAY, SEP 7th.

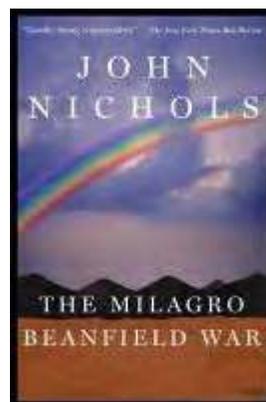
## NEWS

**Diana Wolff** has a new great -grandson Jaxon. Here he is with his daddy, Trey.



## Walkers Group

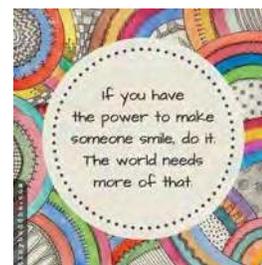
The walkers meet in the Lobby at 7 am and either walk outdoors when nice or walk the floors together till done. They tell me this is usually done in 25 to 30 minutes. Anyone who wants to join can just show up in the mornings to walk.



**Welcome Again to Comings and Goings**, an article to highlight the trips, outings, adventures, visitors, and family additions. Going on a fun trip? Share a few pics of you and your gang. Exploring a new exhibit downtown? Tell us so we can spread the word. Concert? Give us a review. Family or friends coming to visit? Share some pics - Celeste will even come and take them. Weddings, new babies, new car, and other happenings you would like to share are all welcome. Suggestions, pictures and articles can be emailed to [bvbeat@yahoo.com](mailto:bvbeat@yahoo.com) or given to Celeste, Diana or the BV Staff.



MORE  
HAPPY  
HOUR  
AGAIN  
ON THE  
DECK!



Here is a picture of Meth with her daughter Nancy and Son-in-law Steve, and her great-grandson Milo. They came to spend a day with Milo's great-grandma.



Bring your favorite beverage & appetizer to the 3rd floor terrace & enjoy the summer evening with your

Friday Aug 16th 5:00 pm Ice Cream Sundae Bar

Friday Aug 30th



Everyone mark your calendars for Bella Vita's big summer celebration! Saturday August 3rd, we will be holding a Circus. Lots of fun and surprises are planned! Friends and family are welcome, so invite all the kids in your life, both young and old...I heard rumors of cotton candy machines and a dunk tank....AND a Clown Costume Contest, so start planning!

- Clown Costume Contest - there will be a prize for the best clown at the circus. Come down to the Bistro Friday at 11:00 to find something that may move you towards being that prize-winning clown. I will attempt to find clown clothing at the various thrift shops and have a few wigs, ties, etc. Feel free to bring along anything that you might have that we can borrow for the Big Circus Day on Saturday!



- The Circus will be set up in the front of the building...tables under the canopy, and game and food booths along the north perimeter of the parking lot. It would be a great help if Fri. pm or Sat. am, you could move your car from this area so we can set up. If you need help moving your car, let us know, and David will pitch in.

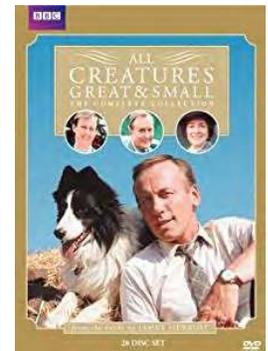
- We will be serving foot long hot dogs, hamburgers, chips, cotton candy, cracker jacks, circus cookies, ice cream, and cupcakes. There will be games and prizes, and the Grand Finale will be the Dunk Tank featuring our fearless leader, Patrick. Get your pitching arm warmed up and ready to dump Patrick into the tank. Expect hilarity!!!! (I hope) Friends and family are welcome - the more the merrier. RSVP at the concierge desk so we have enough cotton candy for everyone :)

- We could use help both with the set up Saturday morning (about 10am), and help running game and food booths...a great job for a teen that would like to participate, but too cool to admit it. Let us know if you have a helper in mind.



**(Hunger Games)** starts on Monday nights in August...in the media room.

**(All Creatures Great and Small)** starts on Wed. nights in August...in the media room.



### SANDY MURPHY'S TRIP TO ITALY

Sandy went to Florence, Tuscany, Umbria and Rome. She also went to the Tower of Pisa, and then into Assisi. She loved Tuscany the best. She loved all the beautiful old churches. Here is Sandy and her daughter Lisa in a mud bath in Tuscany!